



Welcome to the April **UEA-R Primetime** newsletter. We hope to keep our repurposed teachers informed on life, news, events, issues, and highlights that are of interest to our UEA-R members. One of the most exciting things at this stage in life is finding so many rewarding and interesting activities to experience and participate in. We would love to use this newsletter as a means for all to share some of the wonderful things you have done and experienced as a retired educator.

We have need of additional editors, article writers, pertinent news, activities, human interest, and any other contributions to the newsletter. The more the merrier!!!!

Please contact any member of our UEA-R Board and/or Tom Nedreberg, our UEA-R president, and Cathy Boyd, UEA-R Board member with your ideas and contributions.

**Contact Info:**

Editor Cathy - [cathyboyd57@comcast.net](mailto:cathyboyd57@comcast.net)

co-editor Tom- [uea.r.tom@gmail.com](mailto:uea.r.tom@gmail.com)



**SPRING**

# President's Message

This time of year, my thoughts always turn towards Spring and renewal. This year, though, after a winter that was more in name than in practice and a Spring that came more like summer, I sometimes wonder whether I want to think about change and renewal, or whether I want to hunker down and get ready for whatever is coming.

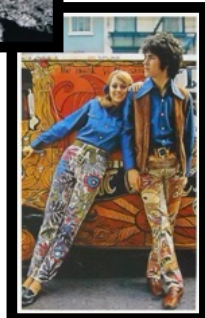
On National Geographic this past month, I watched a program called "Tucci in Italy." It was about Stanley Tucci visiting six different regions of Italy and looking at their history through their food traditions. It was interesting because not only was each region so different, but they were both so Italian and not Italian at the same time, while they still held on to their traditions from years past. Traditions in some areas were held on to for generations and came to define both the food and the people, but in other areas, traditions were adapted to meld old and new people living in a modern world.

What does all this have to do with Spring and renewal? For me, it seems a natural time to look both forward and backward to see if what has served me in the past is going to serve me in the future. I like traditions, but most of us have lost the traditions of our ancestral homes and have created new ones in their place. I know my family traditions are meaningful to me, but they are not like my cousins in Norway, who have lived on or near the same farm since 1600. It pleases me to see my children both carrying on traditions we started, but it's also fun to see new things they now do, which they have let me be a part of now.

So I hope as this Spring unfolds that we can look at our lives, embrace what has worked for us, and be open to what can work in the future. Kids and grandkids have a way of showing that to us at times. We can share the past with them for perspective and hopefully for remembrance. Spring just helps me to understand that the new world is coming, and since it's our children's and grandchildren's world now, it's OK.



**People born in the 50's  
have lived in seven  
decades, two centuries,  
and two millenniums. We  
had the best music,  
fastest cars, drive-in  
theaters, soda fountains,  
and happy days. And we  
are not even that old yet.  
We're just that cool.**



## UEA-R 2026 Annual Meeting

UEA-R's 2026 annual meeting will be held in conjunction with HOD. We will meet on May 9th at 8:00 a.m. in the UEA-R Caucus room at Miller Conference Center – Salt Lake Miller Community Campus, 9750 S 300 W Building 2 in Sandy. The agenda will include approval of our annual budget and a review of our goals and mission statement, followed by a caucus discussion of items proposed for HOD consideration. All UEA-R members are invited to participate in this meeting. Don't forget to buy a ticket for the raffle: a homemade quilt!



Remember  
this  
student???

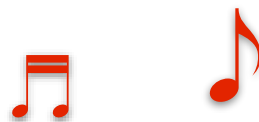


**STAY UP TO DATE -CHECK THE UEA-R WEBSITE**

UEA-R Website <https://myuea.org/about-uea/our-members/retired-membership>

## Meet new UEA-R board member Kathleen Cheshire

Kathleen Cheshire was appointed to serve on the UEA-R Board in February 2026. She has been a retired member since September 2024 after 32 years as an educator and UEA member. Prior to retirement, Kathleen served in a variety of association positions in her 26 years in the Washington County Education Association, which included 6 years as the Color Country UniServ representative on the UEA BOD. Her last 8 years before retirement were spent as the Color Country UniServ Director. Kathleen lives in Lehi with her husband. Together they have 8 children and 29 grandchildren. She very much enjoys her time spent with family and friends, traveling to national parks, beaches, mountains, taking photographs of the outdoors, and time reading books.



## Meet Debbie Green, a melodious voice for UEA-R

I married my Roy High School sweetheart and we had 53 incredible years together. We were blessed with four daughters and eight grandchildren, Our home was in Roy, Utah until we moved to North Ogden in 2000. I taught choir at Sand Ridge Jr. High in Weber County School District for twenty years. Lovely retirement came in 2014. I served on the UEA Board of Directors and am currently on the UEA-R Board.

# UEA-R BOARD REPORT

## Review of the March 2026 UEA-R board Meeting:

### Legislative Update

- Bonnie presented a legislative session overview.
- Many education-related bills **failed**, including:
  - HB 150 (funding)
  - HB 364 (full-time librarians)
  - SB 75, SB 106, SB 198 (educator salary adjustments)
  - SB 65 (tax rate)
  - SB 119 (classroom amendments)
- **Passed bills:**
  - SB 312 (Education Licensing) – opposed by UEA
  - SB 241 (Early Literacy)
- Ongoing legislative trend: **cutting income tax** and shifting reliance to **sales tax and general revenue**, raising concerns about education funding.
- Members encouraged to:
  - Participate in *Educator on the Hill*
  - Run for legislative office
- Concerns raised about political climate, including extremism and anti-women influences.
- UEA focusing on **PAC donations and member mobilization**.

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### Budget Review

- Budget discussed by Keith Tondro. Concern on a charge that was not used by UEA-R.

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### Board & Committee Reports

- **UEA Board:** Emphasis on flexible dues payment options. We are working on several options. Possible to enact shortly a plan to pay the Pre-retirement association over a fiscal year, rather than lump sum.
  - **LAC/PAC:** Seeking more candidate information to improve endorsements; possible primary recommendations.
  - **Health & Safety:** Federal judge blocked vaccination-related decision; concerns about legality of some actions.
  - **Retirement (RI&C):**
    - Newsletter coming by end of March.
    - Preparation for annual meeting.
    - Key deadlines:
      - April 9: New business items
      - April 22: HOD training
      - April 24: Open hearing
      - May 9: HOD meeting
  - **OMC / Elections:** Election results certified and posted.
  - **Membership:** Spring recruitment push; \$50 incentive for signing new members.
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## UEA-R BOARD REPORT CONT.

### Leadership Reports

- **VP Report:**
  - Annual meeting planning (budget, president report)
  - Fundraising coordination needed (Karen volunteered) We need help in the fundraising and being at the table.
- **President Report:**
  - Attended retirement and leadership meetings
  - Emphasized advocacy, rights protection, and political involvement
  - Exploring membership payment options for retirees
  - Noted upcoming NEA presidential race
  - Discussion of honoring retiring member Jay at HOD

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### New Business & Closing

- UEA-R has **15 of 20 delegates** for HOD. We need volunteers to fill all delegate positions.
- Meeting adjourned at 12:52 PM.

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### Upcoming Dates

- Next Board Meeting: **April 15**
- House of Delegates: **May 9**

Submitted by Keith Tondro

## Lisa Nentl-Bloom Named Interim Executive Director of UEA

Nentl-Bloom brings a deep understanding of the union's history, structure, and mission as it continues its work on behalf of Utah educators and students.



**UEA-R has a celebrity in our midst. Wise words from Debbie Green for all of us editing our lives.**

### Letting Go, Holding On

When Tom Nedraberg told the board that NEA-R was looking for someone willing to be interviewed about decluttering their home, I thought it sounded like a fun opportunity. I added my name and waited to see what might come of it.

When the reporter contacted me, the questions quickly turned meaningful. As a relatively new widow, I've had firsthand experience sorting through a lifetime of belongings—deciding what to keep, what to pass on, and what to let go. Those decisions are rarely just practical; they are deeply emotional.

One of my daughters has a wonderful ability to see clearly what is necessary in my life and what is simply "stuff." I admire that clarity. Around the same time, I had a conversation with my sister about how differently we relate to our belongings. I've come to think of it as a spectrum of emotional attachment. I fall on the high end—I feel deeply connected to the things that hold memories—while she stands comfortably on the other side.

I've also had the responsibility of clearing out both my parents' home and my in-laws' home in preparation for resale. It was an enormous, time-consuming task, and one that left a lasting impression on me. Since then, I've often thought I should reduce what I leave behind so my children won't carry that same burden.

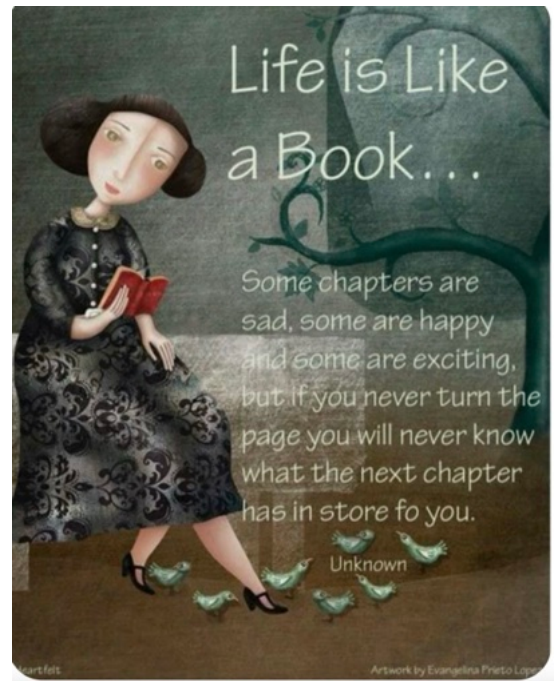
And yet, another thought follows close behind: perhaps that process has value. Perhaps it offers a time for family to gather, to remember, and even to laugh at the treasures and oddities we chose to keep. Maybe, in its own way, it becomes a rite of passage.

The interview itself was enlightening and enjoyable. When the editor asked for a photo to accompany the article, I realized I had very few pictures of myself. A professional photographer was sent to my home, and when I opened the door, I was greeted by one of the most handsome young men I had ever seen—it quite took my breath away!

The photo session lasted three delightful hours, and I must admit, I wouldn't have minded if it lasted longer. It was a joyful and unexpected part of the experience.

In the end, what began as a simple volunteer opportunity became something much more meaningful. I was honored—and more than a little surprised—to see the story featured on the front cover.

Decluttering, I've learned, is not just about letting go of things. It's about understanding what we hold onto, why it matters, and how our lives—and memories—are woven into the objects we keep.





Earn a \$50 Amazon gift card for each new member you recruit through Early Enrollment

**The Oldest Computer Was Owned By Adam And Eve. It Was An Apple With Very Limited Memory. Just 1 Byte And Everything Crashed!**



The Spring Campaign begins in conjunction with Early Enrollment April 1. **All original applications (paper) must be sent to UEA Headquarters by August 10.** UEA-Retired members qualify for \$50 per newly enrolled member if a friend, neighbor or acquaintance joins UEA and your name is on the application (at the bottom of the application).

- Some Local Presidents perform school visits and may welcome help from a UEA-Retired member
- Some Local Presidents might also appreciate help with summer new employee orientation
- Check with your area UniServ Director for information on who to contact to volunteer to help Local President
- Make sure UEA has your updated personal email address.
- Only ONE name may be entered as the recruiter - UEA will not split the \$50 gift.
- Visit the UEA website for more information and resources. [Recruit Today! Belong Now | UEA](#)

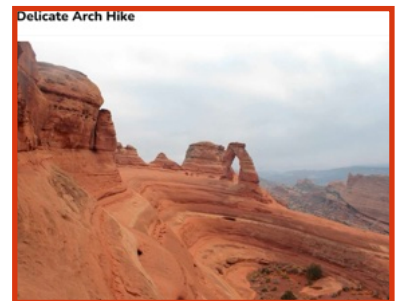
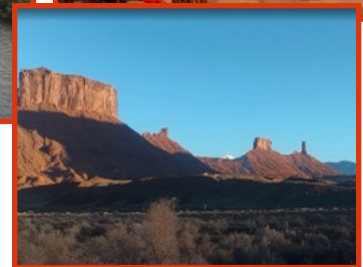


# Spending the kid's inheritance!

After more than 30 years of living here and actually doing almost all of the great activities Moab and points beyond have to offer, I've still just scratched the surface of all the abundant possibilities these beautiful areas, so rich in history have to offer.

Now, as a retiree in my mid-70's, I am fortunate to be able to continue daily to get out & about; hiking the trails, rafting the Colorado, Green, and Dolores rivers, mountaineering in the La Sal Mountains (second highest range in Utah}, and exploring areas new to me...areas where I often just...Stop...and...Gawk...in quiet solitude connecting with the Natural world.

Ryan Anderson



## 10 ideas for experiences in Moab:

Visit Arches National Park - Explore the stunning rock formations and hike to Delicate Arch.

Bike the Slickrock Trail - Experience one of the most famous mountain biking trails in the world.

Off-road in Hell's Revenge - Enjoy thrilling off-road adventures in a 4x4 vehicle.

Climb at the Ice Cream Parlor - A popular climbing spot for both beginners and experienced climbers.

Visit Canyonlands National Park - Discover breathtaking views and hiking opportunities.

Cool Off in the Mill Creek Swimming Hole - A great spot to relax and swim.

Stop by Dead Horse Point State Park - Enjoy panoramic views of the Colorado River.

Raft the Colorado River - Experience the excitement of white-water rafting.

Explore the Moab Museum - Learn about the history and culture of the area.

Take a Scenic Drive on La Sal Mountain Loop Road - Enjoy beautiful mountain views and landscapes.

# Wasatch Manor: A Great Place To Retire



Fifty years ago the very forward-thinking Association members of Davis (DEA), Granite (GEA), and Salt Lake (SLEA) built a 12-story, 188 unit apartment building in downtown Salt Lake as a place for retired teachers to economically live. The beautiful complex is still owned by the Associations.

There are fair market units and HUD subsidized units available for rent to adults over 62 years of age. It is pet friendly, non-smoking, with key entry and safe underground parking. Social activities for residents are planned monthly by the Project Manager, Raney Brown. Community Housing Services manages the daily operations. There is a website for more information if you or someone you know would love to live close to everything in the heart of the city.

Wasatch Manor has a Board of Directors made up of retired teachers from the Association owners. The current Board members are Margo Harpster (SLEA), Penney Tyree (GEA), Don Paver (DEA), Tawnia Paver (DEA), and Board President Trudy Henderson.

## WASATCH MANOR

535 S 200 East

Salt Lake City, UT 84111

Phone: (801) 363-2534

Email: [WasatchManor@chsutah.org](mailto:WasatchManor@chsutah.org)

Units: 186



# Summary of 2026 Legislative Session

Bonnie Billings     Director of Campaigns and Elections

The 2026 legislative session resulted in a \$31.6 billion state budget, with education funding increases largely limited to minimum statutory requirements. Lawmakers approved a 4.2% increase to the Weighted Pupil Unit (WPU) and a 3% ongoing boost to educator salary adjustments. However, continued prioritization of income tax cuts, resulting in an estimated \$101 million reduction in state revenue, limited the state's ability to invest more meaningfully in public education.

Several education-focused bills supported by UEA, including classroom supply funding for speech-language pathologists (HB 150), certified teacher librarians (HB 364), and expanded eligibility for educator salary adjustments for licensed school nurses (SB 75), failed to pass. Additional funding-related proposals such as changes to local tax revenue distribution (SB 65 - UEA opposed), use of stabilization funds for ongoing education funding (SB 119 - UEA opposed), and separating educator salary increases from the Utah Fits All voucher program (SB 106 & HB 198 - UEA supported) were also unsuccessful. Some policy measures did pass, including early literacy requirements for K-3 students (SB 241- UEA watched) and changes to educator licensing rules (SB 312 - UEA opposed). Overall, the session highlighted ongoing challenges in advancing educator support and funding priorities, while modest increases and new policy mandates continue to shape Utah's education landscape.

For a more detailed summary, please see [Under the Dome: https://myuea.org/resource-library/tax-cuts-limit-education-investment-2026-session#section-24456](https://myuea.org/resource-library/tax-cuts-limit-education-investment-2026-session#section-24456)



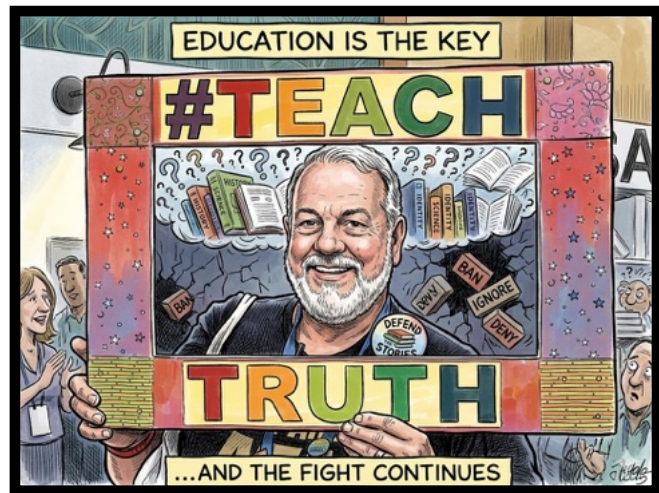
**UEA PAC Political Action Committee**  
**By Tom Nedreberg**



**PAC is stretched thin.  
PAC needs your  
generous contributions.  
Please check out the  
following contribution  
forms or QR code.**



**UEA PAC Political Action Committee**  
**By Tom Nedreberg**



I don't want to bore you with too many numbers, but let me throw out a few. 8.6 billion was spent on the election in 2025. About a third was raised directly from donor to candidate. Over half came from PACs, both regular and super PACs, and the remaining sixth or so came from political parties. Super PAC alone raised over 5.5 billion. This has really skyrocketed since the Supreme Court ruling on Citizens United, and it has changed how politics is done since then.

Super PACs can have unlimited donations without having to reveal donors' names. Regular PACs have a few-thousand-dollar limit, and all donations and expenses from the PAC have to be reported. Super PACs raise money and outspend regular PACs four to one. Super PACs raise and spend more than the candidates themselves, as well as the political parties.

While it sounds like a huge lift to influence anything in the political world today, PACs are one of the only ways a person who can only spend a very small amount of their income can still participate in the process.

PACs are also a useful way to invest in a political issue without having to know all the politicians involved. The UEA PAC has one mission, protect Public Schools. Candidates who receive PAC dollars get it because of their record of supporting Public Education. Donations go to both Republicans and Democrats in either the primary or general elections to help the most education-friendly candidate.

Of course, people can still donate to individual candidates, but for many people who believe in Public Education, donating to a PAC is what they prefer to do because they know their money will be used to fund candidates who support public schools. Please consider a one-time donation this election year, or better yet, a monthly donation to help with the ongoing political realities of supporting public schools.

# Support PAC

Politics is always a topic people want to run from. It's bad enough that it's there but worse that it seems to have such a huge influence on our everyday lives. We do all kinds of things to try to change our representative's minds on topics we care about. We write, call, email, and sometimes even demonstrate. But, the only way to change things how we'd like them to be is to have candidates who represent us who believe in the same things we do, and that takes money.

Let me be clear here. UEA does not use any of its dues dollars to help political candidates get elected. Members who are interested in funding a candidate donate money to the UEA PAC or Political Action Committee. This money is not dues money and is used to help candidates from both parties who are friendly to education and can be used in both primary and general elections. Here is the Website where the UEA PAC is explained and where you can donate.

<https://myuea.org/advocating-change/uea-political-action-committee>

There is also another type of political committee called a PIC or Political Issues Committee. This type of committee is centered around issues, and dues dollars can be used to help in campaigns about issues. Members and others can also contribute to a PIC when they believe strongly in campaigning for an issue like what the referendum will be about.

Below is the QR code to contribute to the UEA PAC. UEA will be posting a QR code for the UEA PIC soon. Please consider donating to one or the other or, better yet, both because this issue is important and because we need to replace some of the faces in the legislature who continuously vote against public education.



QR code for UEA PAC Contribution



# Voluntary Political Action Contributions

UEA Political Action Committee, P.O. Box 57880, Murray, Utah 84157  
Only U.S. citizens or permanent residents may contribute to the NEA Fund, UEA-PAC and local PAC.

Name \_\_\_\_\_ UEA Membership # (if known) \_\_\_\_\_  
 Address \_\_\_\_\_ Personal Email \_\_\_\_\_  
 City / State / Zip \_\_\_\_\_ Cell or Home Phone \_\_\_\_\_  
 Local Association Name \_\_\_\_\_ Work Location/School Name \_\_\_\_\_

## Annual PAC Contribution Levels

A recommended minimum of a \$24.00 annual contribution to the Utah Education Association Political Action Committee (UEA-PAC) and a \$6.00 annual contribution to the local Political Action Committee (L-PAC) are included here. UEA-PAC and L-PAC funds are used to help elect friends of education at the state and local levels.

VOLUNTARY PAC CONTRIBUTIONS	<input type="checkbox"/> CAPITOL CLUB GOLD	<input type="checkbox"/> CAPITOL CLUB SILVER	<input type="checkbox"/> CAPITOL CLUB BRONZE	<input type="checkbox"/> ACTIVIST LEVEL	<input type="checkbox"/> ENTRY LEVEL	<input type="checkbox"/> CUSTOM AMOUNT
TOTAL ANNUAL PAC	\$ 250.00	\$ 200.00	\$ 99.00	\$48.00	\$ 34.80	\$
LOCAL PAC	\$ 50.00	\$ 40.00	\$ 18.00	\$ 12.00	\$ 6.00	\$
UEA-PAC	\$ 175.00	\$ 140.00	\$ 72.00	\$ 30.00	\$ 24.00	\$
NEA Fund	\$ 25.00	\$ 20.00	\$ 9.00	\$ 6.00	\$ 4.80	\$
PAC Monthly Deduction	\$ 25.00	\$ 20.00	\$ 9.90	\$ 4.80	\$ 3.48	\$

## PAC Contribution Methods

- CHECK/CASH** - I would like to make a check/cash PAC contribution at this time. (Please make check payable to UEA-PAC.)
  - E-Z PAY PAC OR CREDIT CARD** - An Electronic Funds Transfer (EFT) Authorization or Recurring Credit Card (RCC). Please complete the EFT or RCC PAC authorization on the back, providing your account information. The total PAC annual contribution will then be divided by 10 to determine the monthly contribution amount. Deductions begin in October and end in July for each school year.
- PAYPAL** (can only pay UEA-PAC)

By signing below, I agree to the marked contribution amounts.

Signature \_\_\_\_\_ Date \_\_\_\_\_

### NEA Fund

The National Education Association Fund for Children and Public Education (NEA Fund) collects voluntary contributions from Association members and uses those contributions for political purposes, including, but not limited to, making contributions to and expenditures on behalf of friends of public education who are candidates for federal office. Contributions to the NEA Fund are voluntary; contributing is neither a condition of employment nor membership in the Association, and members have the right to refuse to contribute without suffering any reprisal. Although the NEA Fund requests a minimum annual contribution of \$4.80, this is only a suggestion. A member may contribute more or less than the suggested amount, or may contribute nothing at all, without it affecting his or her membership status, rights, or benefits in NEA or any of its affiliates.

Contributions or gifts to the NEA Fund are not deductible as charitable contributions for federal income tax purposes.

Federal law requires us to use our best efforts to collect and report the name, mailing address, occupation, and name of employer for everyone whose contributions aggregate in excess of \$200 in a calendar year.

Federal law prohibits the NEA Fund from receiving donations from persons other than members of NEA and its affiliates, and their immediate families. All donations from persons other than members of NEA and its affiliates, and their immediate families, will be returned forthwith.

### Capitol Club

The UEA Capitol Club is your chance to join a select group of educators who recognize the importance of being involved politically and financially. Capitol Club members understand that voting alone is not enough to elect officials who make the commitment to children and public education, but that it also requires an investment of time and money.

Capitol Club Bronze members contribute at least \$99.00 per year to help elect public education-friendly candidates to office, with at least \$72.00 of that amount designated to UEA-PAC. Capitol Club Silver members contribute at least \$200.00 per year, with at least \$140.00 of that amount designated to UEA-PAC. Capitol Club Gold members contribute at least \$250.00 per year, with at least \$175.00 of that amount designated to UEA-PAC.

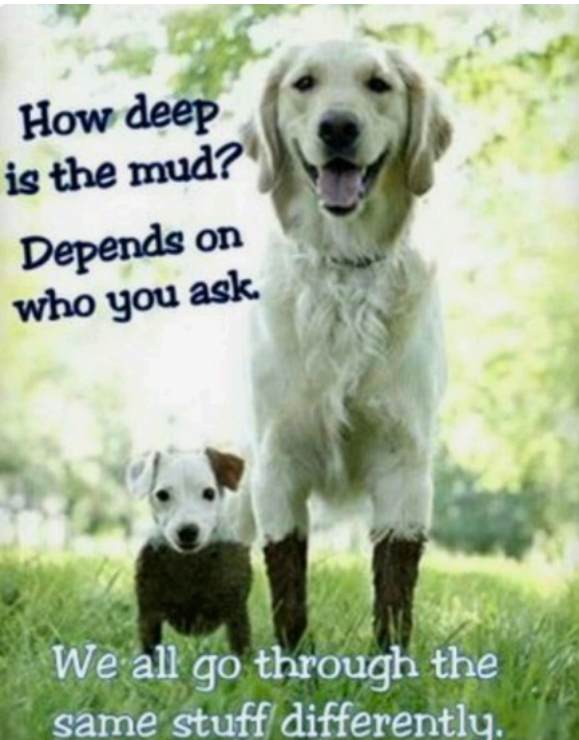
# PAC contribution form from UEA Website

<https://myuea.org/advocating-change/uea-political-action-committee>

EFT – ELECTRONIC FUNDS TRANSFER INFORMATION	RCC-CREDIT CARD INFORMATION
<p><b>You may attach a voided check for accuracy. (No deposit slips)</b></p> <p>Name on Account: _____</p> <p>Billing Address: _____</p> <p>Bank Name: _____</p> <p>Account Type:    <input type="checkbox"/> Checking    <input type="checkbox"/> Savings</p> <p>Bank Routing # (9 digits): _____</p> <p>Bank Account #: _____</p> <div style="border: 1px solid #ccc; padding: 5px; margin-top: 10px;"> <p style="font-size: small;">John Doe 123 Bankrate Boulevard New York, NY 10001 555-555-6555</p> <p style="text-align: right;">Date: _____    1111</p> <p>Pay to the order of: _____ \$ <input type="text"/></p> <p style="text-align: right;">dollars</p> <p>Generic Bank and Trust</p> <p>Memo _____</p> <div style="display: flex; justify-content: space-around; font-size: x-small;"> <div style="border: 1px solid #ccc; padding: 2px;"> :123456789</div> <div style="border: 1px solid #ccc; padding: 2px;"> :10987654321</div> <div style="border: 1px solid #ccc; padding: 2px;"> :1111</div> </div> <div style="display: flex; justify-content: space-around; font-size: x-small; margin-top: 5px;"> <span>ROUTING NUMBER</span> <span>ACCOUNT NUMBER</span> <span>CHECK NUMBER</span> </div> </div>	<p>Name on Account: _____</p> <p>Billing Address: _____</p> <p>Credit Card Number: _____</p> <p>Exp. Date ____ / ____ CVV: _____</p> <p>Name as it appears on the card: _____</p> <p style="margin-top: 20px;"><i>I authorize the Utah Education Association Political Action Committee (UEA-PAC) or its designated local to initiate credit or debit entries to my account with the financial institution named above. I authorize those payments to be made on a recurring basis, payable in monthly installment as set forth above.</i></p> <p style="margin-top: 20px;"><i>I understand that this authorization for the payment of PAC contributions continues year-to-year and shall remain in effect until my written notice of termination. I understand that the rejection of any electronic funds transition of recurring credit card payment shall not constitute the termination of my PAC contribution. I further understand that UEA-PAC or the local PAC will notify me in writing if a transaction is rejected.</i></p> <p>Signature: _____ Date: _____</p>

**PayPal Payments**

If you want to pay by PayPal you DO NOT need to turn in this form; however, you can only pay UEA-PAC. Go to the following QR code and fill out your information there:



# PAT RUSK LEGACY SCHOLARSHIP



The Pat Rusk Legacy Scholarship is moving in a new direction. *Seniors helping Seniors* is in the process of switching the winning Aspiring Member applicant(s) over to cover the cost of their first year teaching membership dues. More information will be coming. Donations are alw [887 E Pontiac Dr, Murray, UT 84107](https://www.uea.edu/887-E-Pontiac-Dr-Murray-UT-84107) ays welcome! Mail checks to UEA C/O Marjean Wayment, or call Brenda at 801-417-0232 to make a credit card donation or code below. Let's help excite a new generation of educator advocates.



## Keep informed on Facebook

### UEA-R FACEBOOK PAGE

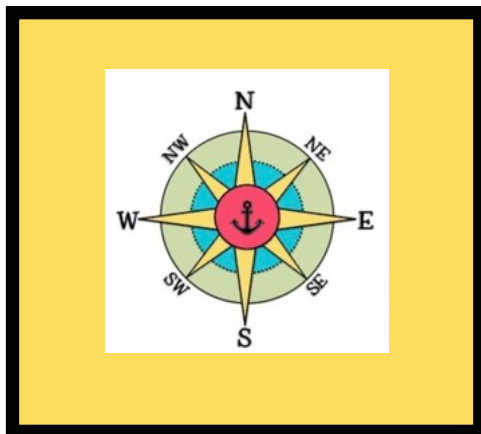
Another way to stay informed! Just search Facebook for "UEA-Retired."  
Send us a request to join, answer three simple questions, and you're in.  
UEA-R Facebook: <https://www.facebook.com/groups/920962507997674>

## 2025-2026 UEA-R BOARD MEMBERS

Giving direction to UEA Retired.

Interested in becoming a UEA-R Board member contact Tom Nedreberg.

<b>Executive Committee</b>	<b>LAC</b> Legislation Action Committee (*~Tom Nedreberg)	<b>RI&amp;C</b> Retirement Issues & Communication (*~Keith Tondro)	<b>O&amp;MC</b> Organizing & Membership Capacity (*~Susan Gilman-Hasenwinkel)	<b>R&amp;SJ</b> Racial & Social Justice (*~Tom Nedreberg & Trudy Henderson)	<b>Other Committees</b> (Trudy Henderson*)
<b>*Tom Nedreberg (Pres)</b> . 2029 – Aug 30 ~ (All-State Pres) CLP	<b>*Jim Griffin</b> 2028–Woodland Peaks March 16	<b>Cathy Boyd</b> 2028 - Wasatch Feb 20	<b>Sharon Gallagher-Fishbaugh</b> 2028– Alpine Apr 23 ~UEA Bargaining, Professional Rights & Responsibilities	<b>+ Kathleen Cheshire</b> 2027 – Eastern Jordan-Canyons Sept 28	<b>Social</b>
<b>*Susan Gilman-Hasenwinkel (VP)</b> 2029 – Color Country Oct 13	<b>*Ryan Anderson</b> 2029 – High Desert April 14 ~UEA Political Action Committee and NEA-R Legislative	<b>Brian Ferguson</b> 2029 – Davis July 8 ~UEA Rules and Resolutions ~NEA-R Governance ~NEA Resolutions	<b>Lynette Grow</b> 2028 – None May 17 ~UEA Elections	<b>+ Don Paver</b> 2028– TBD Jul 31 ~UEA Ethnic Minority Affairs Committee (EMAC)	~(Birthday Cards)
<b>*Keith Tondro (Sec/Tres) 2028</b> Granite May 29 ~ (NEA-R Communications)	<b>*Richard Heath</b> 2027 – Davis Aug 23 ~UEA Health & School Safety	<b>Debbie Green</b> 2027 - Ogden-Weber Aug 6	<b>Karen Loveridge</b> 2029 - Northern March 24 ~UEA Organizing and Membership Capacity-Building wil(OMC)		<b>UEA Board *Trudy Henderson (UEA- Board)</b> 2027 Feb 16 ~UEA CLP ~UEA PAC ~UEA Election Committee ~NEA-R Scholarship Committee ~Trust Lands
Unassigned to an UEA-R committee:					
UEA Support	<b>Anilee Briscoe</b> (Staff liaison) Aug 2	<b>Jay Blain</b> (Staff liaison) Sept 29	Granite, Eastern, Jordan-Canyons, Alpine, Color Country, Woodland Peaks, High Deseret, Wasatch, Davis, Ogden-Weber, Northern	<b>Brandon Baca</b> UEA-VP Nov 9	



# News you can use!

## **Solo Aging Resources**

If you are aging alone, it's crucial to have a supportive social network. There are ways for older people to find connections, information and resources to help meet their needs.

Suggestions include visiting a local senior center or taking adult education classes through your library or Osher Lifelong Learning Centers ([www.osherfoundation.org](http://www.osherfoundation.org)).

Check out local theater and arts groups. Houses of worship are great places to find people and group activities.

**AARP** ([www.aarp.org](http://www.aarp.org)) and the National Council on Aging ([www.ncoa.org](http://www.ncoa.org)) offer numerous resources. Contact your local department on aging to learn about area connections. Reach them via your state's aging services directory or by calling 211 in many areas.

And there are tons of resources on the internet for all facets of solo agers:

-**Navigating Solo.** A national network offering resources, connections, peer support groups, workshops: <https://navigatingsolo.com>

-**Aging Alone Together.** A six week program (online or in person) designed for solo agers 60-plus that covers building community and support, planning for the future, peer discussion and guidance: [www.dorotusa.org](http://www.dorotusa.org)

-**Solo-Agers Connect.** A resource that offers information, workshops, webinars and service providers. <https://soloagersconnect.com>

-**The Solo-Ager Community.** An online community with virtual meet-ups, support groups, discussion forums, planning resources and social opportunities: <https://thesoloager.com>

-**Village to Village Network.** A membership-based national network of local "villages" that help older adults stay independent through transportation, social activities and referrals to vetted service providers. Find them at: [www.vtvnetwork.org](http://www.vtvnetwork.org)

-**SAGE (Services & Advocacy for GLBT Elders).** Provides culturally competent services, advocacy and community building for LGBTQ+ older adults: [www.sageusa.org](http://www.sageusa.org)

-**Aging Life Care Association.** Represents professional geriatric care managers who assist solo agers with care coordination, planning and long-term care decision making. [www.aginglifecare.org](http://www.aginglifecare.org)

-**Five Wishes.** A widely used advanced care planning tool that helps individuals document medical, emotional, and personal preferences in clear, accessible language: [www.fivewishes.org](http://www.fivewishes.org)

-**Patient Priorities Care.** <https://patientprioritiescare.org>

(March 2026, Kiplinger Retirement Report)